

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
AM	PM	AM	PM	AM	PM	AM	PM
09:30 Private 2:2:1 With Stacey	12:00 Aduit & Toddler With Stacey	10:00 Ducklings 1 With Nicky	12:15 Adult 1-1 With Nicky	09:00 Adult 1-1 With Roz	12:00 Adult 1-1 With Roz	09:30 Ducklings 2 With Nicky	12:00 Private 1-1 With Nicky
10:00 Ducklings 3 With Stacey	12:30 Adult 1-1 With Stacey	10:30 Adult & Baby With Nicky	15:45 Private 1-1 With Francis	09:30 Adult 1-1 With Roz	12:00 Ducklings 1 With Lisa P	10:00 Ducklings 1 With Nicky	15: 30 Private 1-1 With Juliette
10:30 Ducklings 2 With Stacey	13:00 Adult 1-1 With Stacey	11:00 Toddler Ducklings 2 With Nicky	16:00 Stage 2 With Juliette	10:00 Private 1-1 With Lisa P	15:45 Private 1-1 With Isla	10:30 Ducklings 3 With Nicky	15:45 Adult 1-1 With Debbie
11:00 Stage 1 With Stacey	16:00 Private 1-1 With Karen	11:30 Ducklings 2 With Nicky	16:15 Stage 1 With Francis	10:00 Adult 1-1 With Roz	16:15 Stage 1 With Isla	11:00 Adult & Baby 4m+ With Nicky	16:00 Stage 1 With Juliette
11:30 Ducklings 3 With Stacey	16:15 Stage 4 With Maxine		16:15 Private 2-1 With Maxine	10:30 Ducklings 4 With Lisa P	16:30 Stage 3 With Francis	11:30 Private 2-1 With Nicky	16:15 Stage 1 With Francis
	16:30 Stages 1 With Karen		16:30 Stage 3 With Juliette	10:30 Adult 1-1 With Roz	16:45 Stage 3 With Isla		16:15 Stage 1 With Debbie
	16:45 Stage 2 With Maxine		16:45 Stages 2 With Francis	11:00 Ducklings 2 With Lisa P	17:00 Stage 4 With Francis		16:30 Stage 3 With Juliette
	17:00 Stage 3 With Karen		16:45 Private 1-1 With Maxine	11:00 Adult 1-1 With Roz	17:15 Private 2-1 With Isla 17:30		16:45 Stage 2 With Debbie
	17:15 Stage 6 With Maxine		17:00 Stage 4 With Juliette	11:30 Adult & Child With Lisa P	Stage 5 With Francis		16:45 Stage 2 With Francis
	17:30 Private 1-1 With Karen		17:15 Stage 4 With Francis	11:30 Adult 1-1 With Roz	Private 2 - 1 With Isla		17:00 Stage 4 With Juliette
	17:45 Stage 7 With Maxine		17:15 Stage 6 With Maxine		Stage 7 With Francis		17:15 Stage 4 With Francis 17:15
			17:30 Stage 5 With Juliette		18:30 Adult 1-1 With Francis		Stage 4 With Debbie
			17:45 Private 2-1 With Francis				Stage 5 With Juliette
			17:45 Private 1-1 With Maxine				Stage 5 With Francis
			18:00 Stage 6 With Juliette				Stage 5 With Juliette

18:15 Private 1-1 With Francis

AM	PM
09:30 Private 1-1 With Lisa P	12:00 Ducklings 3 With Lisa P
10:00 Ducklings 4 With Lisa P	15:30 Private 1-1 With Karen
10:30 Adult & Child With Lisa P	15:45 Ducklings 1 With Roz
11:00 Ducklings 3 With Lisa P	16:00 Stage 1 With Karen
11:30 Private 1-1 With Lisa P	16:15 Stages 2 With Roz
	16:30 Stage 3 With Karen
	16:45 Stage 3 With Roz
	17:00 Stage 4 With Karen
	17:15 Stage 5 With Roz
	17:30 Stage 5 With Karen

17:45 Stage 7 With Roz

17:45 Private 2-1 With Roz

Members guide to ages: Babies - 12m

Toddlers - 18m Paddleducks - 24m (No prior swimming) Ducklings 1-4 (Pre-school programme) Stage 1 starts with beginners/non swimmers and as you learn/improve, you progress through to stage 7

Children 3yrs + group lessons $x10 = \pounds150$ Children 0-2yrs group lessons $x10 = \pounds 130$ Private 1--1 lessons 30 minutes x10 = £300Private 2-2 lessons 30 minutes $x10 = \pounds 450$

AM 09:00 **Ducklings 3** With Crystal

09:15 **Stage 3** With Katie

09:30 Ducklings 3 With Crystal

09:45 Stage 5 With Maxine

09:45 Stage 1 With Katie

10:00 Adult & Toddler 9-24m With Crystal

10:15 Stage 3 With Suzanne

10:15 Stage 4 With Maxine

10:15 **Stage 1** With Katie

10:30 Adult & Toddler 12 - 24m With Crystal

10:45 **Stage 3** With Suzanne

10:45 Stage 4 With Maxine

10:45 **Stage 1** With Katie

11:00 Ducklings 4 With Crystal

Stage 4 With Suzanne

11:15 Stage 2 With Maxine

11:30 **Ducklings 3** With Crystal

11:45 **Stage 5** With Suzanne

12:00 Private 1-1 With Maxine 12:15 Stage 2 With Suzanne

PM

12:30 Stage 3 With Maxine

12:45 Stage 6 With Suzanne

13:00 Private 1-1 With Maxine

13:15 **Stage 3** With Suzanne

13:30 Stage 2 With Debbie

14:00 Private 1-1 With Debbie

14:30 Private 2-1 With Debbie

15:00 Private 1-1 With Debbie

15:30 Private 1-1 With Debbie

> KEY LIMITED SPACES AVAILABLE FULL (WAITING LIST)

For bookings or more info, email swimming@foxhills.co.uk

PAVILION

Foxhills

PM

AM

08:45

08:45

09:15

09:15

Private 1-1 With Laura

09:45 **Stage 3** With Roz

09:45

10:15 Stage 2 With Roz

10:15 Private 2-1

10:45 Stage 1

10:45 Private 1-1 With Laura

11:15 Adult & Toddler

12 - 24m

With Laura

With Roz

With Laura

Stage 1 With Laura

Stage 2 With Roz

Ducklings 3

Private 1-1

With Laura

With Roz