ADULT ACTIVITY TIMETABLE From the 15th April 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		
AM 10:00 - 12:00 Art Club With Billie	PM 19:05 - 20:05 Jazz Dance With Kelly 19:00 - 22:00 Bridge Club	AM 10:30 - 12:00 Mixed Media Art With Billie	PM 13:30 - 15:30 Watercolour Painting With Michele	AM 10:00 - 12:00 Leisure Cycle Ride With Simon (Meet outside XIX) 10:30 - 12:30 Open Studio	PM 17:30 - 19:00 Croquet Club 19:00 - 20:30 Realistic Artistry With Elise 19:00 - 20:30 Business Networking Event (First Wednesday of every month) 19:30 - 21:00 Table Tennis Club	AM 10:30 - 12:30 Diverse Art Techniques With Michele	PM 18:00 - 19:00 Running Club With Kat 19:00 - 19:45 Adult Swim Fit With Francis 19:00 - 21:00 Book Club (First Thursday of every month)	
	FRIDAY	IDAY SATUR			RDAY SUNDAY			
AM	E	Runni With I (Meet 10:00	ing Club	PM 14:00 - 16:00 Watercolour Painting With Michele	8:30 - 10:30		PM 15:00 - 16:30 Croquet Club	
		ALL	SESSIONS CAN I 48 HOURS I	BE BOOKED ON N ADVANCE	ILINE			
	EMBROIDERY WORKSHOPS All in The Art StudioFriday 14th June, 10am - 1pm Friday 19th July, 10am - 1pmMembers: £45 Guests: £50 (Book at the Pavilion reception)			FOREST BATHING Saturday 15th June, 10am - 12pm Saturday 6th July, 10am - 12pm Please book online, further information will be sent via email once booked.				
 Art Club - A beginners' art club learning step-by-step how to use simple shapes to produce a beautiful picture each session. Realistic Artistry - Learn the basics of realism by exploring the techniques and media of a range of artists. Gain confidence and learn to capture the likeness of people, animals and more. Running Club - A group run around our woodlands, led by Captain Kat. All abilities are welcome, please ensure you book online in advance for updates as this session is weather dependent. Contact fitness@foxhills.co.uk to find out more. Mixed Media Art - Classes are all about letting go of fear, quietening the mind and trying something new. We create projects that develop in different mediums and surprising ways, from painting to printmaking, pottery to wire sculpture. All abilities are welcome. Diverse Art Techniques - Get creative with these hands-on sessions where Michele will guide you through energetic, large-scale projects with a focus on having fun in these hands on, workshop style sessions Book Club - A relaxed and sociable club for bookworms. Meet on the first Thursday of the month to discuss the latest book over a glass of wine. Contact pavilion@ foxhills.co.uk to register your interest and find out more. Leisure Cycle Ride - Meet on a Wednesday morning at 10am, outside XIX, and ride for approximately two hours around the local area. 				 Watercolour Painting - Explore watercolour painting in a friendly and encourage environment. Suitable for beginners and seasoned artists, develop your watercolour skills through different techniques each week, while drawing inspiration from your surroundings at Foxhills Table Tennis - Our member-led table tennis club meet on Wednesday evening The Pavilion's tudios. Meet like-minded members and enjoy sociable table tenr tournaments. Open Studio - Come and enjoy a sociable and creative morning in our Art Stud The Studio will be open for you to meet friends, or have some time to yourself to work on your own projects and make the most of our beautiful surroundings. Adult Swim Fit - Water based training for all levels. Come and get fitter and fas in the outdoor Pavilion pool with our expert swim instructor to help you achieve your goals. Book online or email pavilion@foxhills.co.uk Business Networking Event - A member led event, as members come together from a wide range of sectors and industries, to meet and connect with each other, over a complimentary drink. The event will take place on the first Wednesday of each month from 7pm (excluding January 2024). Cycling Club - Our member-led Cycling Club meet on a Sunday morning at 8:30am and ride for approximately 2 hours, taking in the sights of 				
lothing are essentic azz Dance - Suitable	al. Contact fitness@t	nelmet and appropria foxhills.co.uk to find ou ntermediate level dand uss full of fun.	t more.	Windsor and Eton, as well as views of London from the Surrey Hills. A mechanic sound bicycle, a helmet and a reasonable level of fitness are essential. Contac fitness@foxhills.co.uk to find out more. Croquet Club - Our member-led Croquet Club meet on the Manor Lawn, Wed day & Sundays from May – September for 1.5hrs. Social format of 'Golf Croque played at a leisurely pace all levels and abilities welcome. Contact pavilion@ foxhills.co.uk to find out more.				

Foxhills

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