



Brioche Bap Choice of bacon (736 kcal), sausage (666 kcal) or free range egg (585 kcal)	£5.50 / £4.68
Greek yogurt pecan & cranberry granola (453 kcal) (v)	£6.00 / £5.10
Full English breakfast (1,789 kcal) Pork sausage, bacon, grilled tomato, flat mushroom, hash brown, baked beans and two free range eggs any style and a choice of white, brown, sourdough or gluten-free toast	£14.00 / £11.90
Vegetarian breakfast (1,463 kcal) (v) Veggie sausage, plum tomato, roasted mushrooms, baked beans, hash brown, roasted red pepper, halloumi and a choice of white, brown, sourdough or gluten-free toast ADD: Half an avocado (ve) (170 kcal) £3.00 / £2.55	£13.00 / £11.05
Three-egg omelette (740 kcal) (v) Your choice of two fillings - ham, cheese, mushrooms, tomatoes, onion and peppers Extra fillings charged at £1.00 each	£10.00 / £8.50
Eggs with avocado on toast (377 kcal) (v) Two poached eggs with freshly smashed avocado on sourdough toast	£11.00 / £9.35
Eggs benedict (516 kcal) Two poached eggs with cured ham & hollandaise sauce on a toasted English muffin	£9.50 / £8.08
Eggs royale (521 kcal) Two poached eggs with smoked salmon & hollandaise sauce on a toasted English muffin	£12.00 / £10.20
Mushroom, avocado & tomatoes on toast (499 kcal) (ve) Sliced flat mushrooms & pan roasted cherry tomatoes served with avocado & sourdough toast ADD: Crispy bacon (262 kcal) £3.00 / £2.55	£10.00 / £8.50
Eggs on toast (523 kcal) Two free range eggs of your choice served on white, granary or gluten-free toast	£8.50 / £7.23
Smoked salmon & scrambled eggs on toast (1,209 kcal) Peashoots and lemon	£13.00 / £11.05
White, granary, sourdough or gluten-free toast (347 kcal) Butter & preserve of your choice	£3.00 / £2.55
Please choose from Tiptree preserves (78 kcal) Strawberry, blackcurrant, honey or marmalade	
Pancakes (359 kcal) (ve) Fresh berries & maple syrup	£1 each / 85p
Waffle (504 kcal) (v) Fresh berries & maple syrup	£8.00 / £6.80 £9.00 / £7.69
Waffle (758 kcal) Crispy streaky bacon & maple syrup	£9.00 / £7.69
Porridge (246 kcal) (GF) Fresh berries & cinnamon Add honey for £1.00	£5.50 / £4.67

Add to your breakfast:

2 slices of bacon £3.00 (262 kcal) | Sausage £2.50 (119 kcal) Avocado £3.00 (ve) (170 kcal) | Smoked salmon £8.00 (110 kcal)

Non Member Price / Member Price

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Members receive 15% discount on presentation of their membership card. Some of the dishes on the menu may contain food allergens. Please check our allergen information every time you eat with us as some ingredients may have changed since your last visit. Unfortunately, as food allergens are present in our kitchen, we cannot guarantee any menu items will be completely free from a particular allergen. Should you require further information regarding ingredients in a specific dish, please ask a member of the team.

Adults need around 2,000 Kcal per day.

8.75 / 7.44

Mozzarella sticks, sweet chilli sauce (v) (646 kcal)

Hot 'n' kickin chicken, sweet chilli sauce (679 kcal)

Halloumi fries, sweet chilli sauce (v) (774 kcal)

Salt & pepper squid, Frank's Hot Sauce (360 kcal)

BBQ chicken wings, Frank's Hot Sauce (792 kcal)

Tempura prawns, sweet chilli sauce (405 kcal)

TRIO OF LIGHT BITES 23.50 / 19.98

LIGHT DISHES

Pasta Arrabiata, tomato sauce with chand flat leaf parsley (ve) (df) (642 kcal)	nillies 10.00 / 8.50
ADD: Cajun spiced chicken (df) (332 kcal) Roasted Salmon (df) (363 kcal) Halloumi (v) (434 kcal)	6.00 / 5.10 10.00 / 8.50 5.50 / 4.68
Soup of the day, homemade soup with sourdough bread (ve) (606 kcal) Thai fishcakes. Asian slaw and	6.00 / 5.10
sweet chilli (261 kcal)	12.50 / 10.63
Nachos, melted cheese, guacamole, sour cream and tomato salsa (v) (gf) (926 kcal)	8.50 / 7.23

traditional sandwiches

Served on white, granary, or gluten-free bread with crisps and a salad garnish

Ham & cheese (792 kcal)

Houmous & flat bread,

chilli oil (v) (660 kcal)

Chicken, lettuce, tomato & mayo (766 kcal) Cheese & Branston pickle (v) (887 kcal)

Tuna & Sweetcorn, lime & pepper mayo (734 kcal)

Egg & cress (v) (923 kcal)

8.50 / 7.23

7.50 / 6.38

SALADS

12.50/ 10.63

Caesar salad, Anchovies, parmesan, croutons and baby gem leaves (ve) (495 kcal)

Spiced sweet potato salad, dried cranberries, feta, pumpkin seeds, spinach & rocket with balsamic & honey dressing (v) (750 kcal)

ADD: Cajun spiced chicken (df) (332 kcal) 6.00 / 5.10 10.00 / 8.50 Roasted salmon (df) (363 kcal) Halloumi (v) (434 kcal) 5.50 / 4.68



MAINS

Roasted fillet of salmon , new potatoes, green beans, spinach & cream sauce (1,438 kcal)	22.50 / 19.12
Chicken kadai, basmati rice, naan bread and raita (791 kcal)	16.00 / 13.60
Vegetable kadai , basmati rice, naan bread and raita (v) (579 kcal)	15.00 / 12.75
Wild mushroom & pea risotto, crispy shallots,	
dressed rocket (v) (859 kcal)	14.00 / 11.90
ADD: Cajun spiced chicken (df) (332 kcal) Roasted salmon (df) (363 kcal) Halloumi (v) (434 kcal)	6.00 / 5.10 10.00 / 8.50 5.50 / 4.68
Ham, egg & chips, two slices of thick cut ham, two fried eggs, chips and rocket (844 kcal)	14.50 / 12.33
Baghali polo , saffron chicken with broad bean rice, pepper and saffron sauce (697 kcal)	17.00 / 14.45
Confit duck leg, hoi sin honey soya glaze, spring onion mash & green beans (1,340 kcal)	23.50 / 19.97
Ribeye steak (227g), fries, mushrooms, tomato	
and dressed rocket (gf) (1,186 kcal)	30.00 / 25.50
ADD: Peppercorn sauce (319 kcal) Garlic butter (383 kcal)	2.50 / 2.13 2.50 / 2.13

BURGERS

All burgers served on brioche bun with fries, burger sauce, tomato, baby gem lettuce, gherkin and onion:

170g p	rime beef burger (1,243 kcal)	17.50 / 14.87
	ni burger , spinach roasted pepper jam (v) (1,004 kcal)	16.00 / 13.60
Cajun	spiced chicken burger (1,563 kcal)	16.00 / 13.60
Spicy c	rispy chicken burger (1,561 kcal)	15.00 / 12.75
ADD:	Smoked Cheddar cheese (v) (172 kcal) Two slices smoked streaky bacon (262 kcal) Half avocado (ve) (170 kcal) Halloumi (v) (434 kcal)	1.75 / 1.49 3.00 / 2.55 3.00 / 2.55 5.50 / 4.68



Green beans (v) (108 kcal) **Fries** (v) (651 kcal) House salad (ve) (193 kcal) Basmati rice (ve) (355 kcal) Garlic ciabatta (v) (517 kcal) Broad bean rice (ve) (427

4.75 / 4.04

HOT SANDWICHES

ALL SERVED WITH FRIES

Classic club

Triple layered sandwich of egg mayo, bacon, sliced chicken, tomato, gem lettuce (1,236 kcal) 15.00 / 12.75

Hot 'n' kickin chicken wrap

Spicy fried chicken, gem lettuce, tomato, red onion, sweet chilli (1,026

12.50 / 10.63

Chicken tikka wrap

Marinated chicken, gem lettuce, tomato, red onion, raita (1.024 kcal) 12.50 / 10.63

Steak & red onion jam ciabatta

Chargrilled steak, tomato, red onion jam, rocket (1,026 kcal)

16.00 / 13.60

GYROS SERVED WITH DRESSED ROCKET & CRISPS

Halloumi gyros

Halloumi, gem lettuce, roasted red pepper, houmous and fries rolled in a flat bread (v) (972 kcal)

12.50 / 10.63

Florin's gyros

Cajun spiced chicken, tomato, red onion, tzatziki, oregano and fries rolled in a flat bread (941 kcal)

12.50 / 10.63



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10% service charge is included on the bill.

(v) vegetarian (ve) vegan (gf) gluten free (df) dairy free Adults need around 2,000 kcal per day

DESSERTS

9.00 / 7.65

Sticky toffee pudding

Butterscotch sauce and vanilla ice cream (v) (gf) (566 kcal)

Chocolate brownie

Vanilla ice cream and chocolate sauce (v) (qf) (678 kcal)

White chocolate & raspberry cheesecake

Raspberry coulis & raspberries (499 kcal)

Jude's ice cream (89 kcal)

Choice of vanilla (v), strawberries & cream (v), chocolate (v), salted caramel (v), vegan strawberry (ve), vegan salted caramel (ve), vegan vanilla (ve), vegan honeycomb (ve)

Per scoop 3.00 / 2.55

FESTIVE MEAL IN NINETEEN EXCLUSIVELY FOR MEMBERS: TWO COURSES FOR £27.50, THREE **COURSES FOR £32.50**

Available Monday to Thursday from 1st December.

CHRISTMAS EVE

Tuesday 24th December from 6.30pm

Join us in The Fox dining rooms to begin your festive celebrations with a live singer, threecourse menu and glass of bubbly

Member: £70 adult / £39 child £76 adult / £42 child Visitor:

CHRISTMAS DAY LUNCH

Wednesday 25th December, 12pm-3.30pm

The Fox dining rooms

Glass of Champagne, five-course menu and a present from Santa for every child

Member: £139 adult / £65 child £154 adult / £75 child Visitor:

The Clubhouse

Glass of prosecco, four-course menu, live pianist and a present from Santa for every child

Member: £105 adult / £55 child Visitor: £115 adult / £60 child

BOXING DAY LUNCH

Thursday 26th December 12pm-3.30pm

Join us in The Fox dining rooms for a delicious three-course set lunch.

Member: £55 adult / £30 child Visitor: £60 adult / £35 child

To book, please email: christmas@foxhills.co.uk