

# TINY TOTS (AGES 0-4)

Summer Term - From Monday 10th June 2024

## MONDAY

9:30 - 10:15

**Arts & Crafts** (age 1-4)

16:00 - 16:45

**Mini Jazz Dance\*** (age 4-6)  
Contact us@monarchstudios.co.uk to book

## TUESDAY

16:30 - 17:15

**Mini Acrobatics\*** (age 4-8)  
Contact us@monarchstudios.co.uk to book

## WEDNESDAY

10:30 - 11:30

**Forest Nook Arts & Crafts** (age 1-4)

## THURSDAY

10:30 - 11:30

**Arts and Crafts** (age 1-4)

## FRIDAY

9:30 - 10:15

**Forest Nook Adventure** (age 1-4)

10:30 - 11:00

**Mini Multi Sports** (age 2-4)

## SATURDAY

9:30 - 10:15

**Mini Micro Ballet\*** (age 2.5-5)  
Contact us@monarchstudios.co.uk to book

10:15 - 11:15

**Mini Ballet\*** (age 4-6)  
Contact us@monarchstudios.co.uk to book

14:00 - 15:00

**Games & Activities** (age 2+)

## SUNDAY

9:30 - 10:00

**Aqua Stories** (age 1-4)  
Session in the pool. Parent must be in water with child.

12:30 - 13:15

**Pilatots** (age 2-4)

14:00 - 15:00

**Arts & Crafts** (age 2+)

**Zumbini** - A fun twist on the classic 'Zumba' class but for your tiny tot to enjoy! Zumbini combines music, dance and educational tools for 45 minutes of 'can't-stop, won't-stop' bonding, learning, and fun!

**Forest Nook Adventure** - Join us for outdoor sensory play in the Forest Nook, located in the Adventure Playground.

**Mini Multisports** - A variety of sports, skills and games for 2-4 year olds designed for fun and confidence building.

**Games & Activities** - Join our activities team in the Studio for games designed to get your kids moving.

\*Monarch's 45 minute classes cost £10.50 and the 60 minute classes are £12.50, VAT inclusive and invoiced termly. These classes must be booked in advance.

**Aqua Stories** - Bring the world of water alive with this interactive story session. Enjoy a live reading of an 'aquatic' themed story that includes movements, sounds, and most importantly - splashing!

**Arts & Crafts** - Join us each session for a fun creative activity that strives to improve creativity and imagination, as well as teaching new skills and developing confidence.

**Pilatots** - Guided by certified Pilates instructors who are experts in making fitness fun, Pilatots is where your little ones can unlock their inner magic while building strong bodies, happy minds and beautiful memories using the ABC's of Pilates at our core - Alingment, Breath & Centering. The classes will be included in your child's membership, however, you need to make a one-off purchase of the Pilatots uniform in order to attend, please ask at the Pavilion reception for more information.

**All sessions are bookable 48 hours in advance via our online booking system.**

*Parental supervision required (parents must stay for the duration of the activity).*

*Please note that all activity sessions are subject to change at short notice due to weather conditions, staffing levels or room changes.*